

# **TRAINING**

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**FOR CPR & DEFIBRILLATOR**

THE Isle of Wight Ambulance Training Department  
will be holding a Training Session at :-

**THE METHODIST CHAPEL  
(NEWPORT ROAD, NITON)**

On Wednesday 13<sup>th</sup> of March 2019 from 14:00 to 16:00

Please if you can come you will need to be in attendance to start just before 13:45 as to enable everyone to have a go at both the CPR and the Defibrillator.

Remember it will require you to kneel down on the floor during this training so please wear loose clothing

If you are interested can you call Mrs Vickie Ford on  
(01983) 730806

Please book your place soon as possible numbers are limited.